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## COOKING WITH WHOLEGRAINS: THE BASIC WHOLEGRAIN COOKBOOK

Foreword by DEBORAH MADISON  
Introduction by VREST ORTON

*Cooking with*  
**WHOLEGRAINS**  
*The Basic Wholegrain Cookbook*



How to make breads, rolls, cakes,  
scones, crackers, muffins, and desserts,  
using only stone-ground wholegrains

MILDRED ELLEN ORTON

Farrar, Straus and Giroux. Paperback. Condition: New. 80 pages. Dimensions: 8.0in x 5.4in x 0.4in. This short, charming little primer in wholegrain cookery was first published in 1947 long before healthy eating was a national obsession. Reprinted numerous times, it became a pioneer cookbook one of the first to reintroduce the joys of wholegrain recipes to the American home cook. Vrest Orton and Mildred Ellen Orton, a husband-and-wife team who also operated a stone mill, a set of country stores, and a...

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- Authored by Mildred Ellen Orton
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