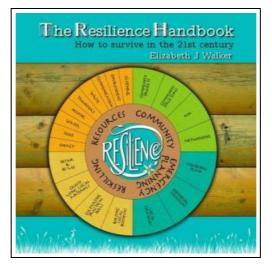
## The Resilience Handbook: How to Survive in the 21st Century 2015 (Paperback)



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## Reviews

This publication will never be effortless to begin on studying but extremely entertaining to learn. It is probably the most incredible publication i have go through. I realized this ebook from my i and dad suggested this publication to learn. (Austin O'Connell)

## THE RESILIENCE HANDBOOK: HOW TO SURVIVE IN THE 21ST CENTURY 2015 (PAPERBACK)



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Magic Oxygen, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Sustainability expert Elizabeth J Walker unlocks the secrets to managing the complexities of a modern world to create a future with less energy use, and a better quality of life. Her invaluable guide is packed with easy to follow advice on every aspect of simple, green living, from honing key skills through to disaster survival. Our current lifestyle in Britain is entirely dependent on non-renewable energy, such as fossil fuels and nuclear power. Without substantial food imports, we cannot support 70 million people on this tiny island. Seventy years ago, just after the self-sufficiency campaigns of the Second World War, we could have fed our entire population. Craftspeople ran small businesses in every High Street. We could have built on this resilience to become a self-sufficient nation but many chose instead to pursue mass consumerism. Now our High Streets are occupied by chain stores who remove money from the local environment as soon as it passes over their counters. The population has almost doubled and resources are depleting across the globe to meet demand. However impossible a solution appears to be, we must remember that this happened slowly, one shopping trip at a time. While we still have access to fossil fuel energy, we should be using it to rebuild a resilient culture and secure a sustainable future for the whole planet. Elizabeth s Resilience Handbook is a positive guiding light which will help you reclaim power and make better choices; there s no time to lose.

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