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Asthma Sourcebook (Paperback)

By Francis V. Adams

McGraw-Hill Education - Europe, United States, 2007. Paperback. Condition: New. 3rd Revised edition. Language: English . Brand New Book. Authoritative, comprehensive. - Library Journal . Logical and straightforward. - Harvard Women s Health Watch . [Dr. Adams] succeeds admirably. - Consumer Health Information Sourcebook . Written by an award-winning pulmonary specialist and one of New York magazine s Best Doctors in New York, The Asthma Sourcebook explores the latest therapies, medications, diet and nutrition guidelines, and provides you with advice on living with this chronic disorder. This trusted source also examines the challenges of raising children with asthma; debunks commonly held beliefs about food, travel, and exercise; and pinpoints real asthma-causing allergens and how you can avoid them.

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