



Love Buds Smoke Grill: Outdoor Cooking with Marijuana, Weed, Pot and Cannabis (Paperback)

By L B Cheryl

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Love Buds Smoke Grill Cooking with Cannabis is a beautifully illustrated, easy-to-navigate collection of recipes, including 250 of the top nutritious foods, herbs and spices for healthy meal preparation, including 40 full page colored photos. Cooking with cannabis can be tricky, but with Love Buds the meal planning is safe and easy. Introduction Chapter 1 Super Foods And Nutrition 19 Chapter 2 Quick Reference Recipes 29 Love Buds Blends, Spices, Smoothies Teas 32-36 The Basics 37 Oils, Alcohols Butters Infusions 37-43 Chapter 3 Nutritional Food List 45 Recipe46 Summer Beverage Cocktails79 Breakfast and Desserts83 Grilled Fresh Fruits101 Nuts Granolas-Smoky107 Sides, Salad and Vegetables110 Dressings-Toppings-Salsas126 Beans, Rice and Tofu144 Pasta148 Pizza on the Grill150 Fish Seafood155 Meat169 Beef Smoked Beef169 Lamb Wild Game175 Pork 182 Poultry Game Birds185 What are Love Buds? Love Buds are organic, nutritious, packaged spice blends with cannabis. We make it simple by combining only the finest ingredients to create delicious meals. The goal at Love Buds is to combine medical-grade cannabis with only healthy food, spices and herbs that together, help you manage your health concerns and challenges...

DOWNLOAD



READ ONLINE

[4.59 MB]

Reviews

Here is the best ebook i actually have go through until now. It really is simplistic but shocks within the fifty percent in the ebook. Your daily life period will probably be transform once you total reading this book.

-- **Elaina Funk**

The ebook is fantastic and great. I really could comprehended every thing out of this published e publication. You can expect to like the way the blogger write this publication.

-- **Precious Farrell**