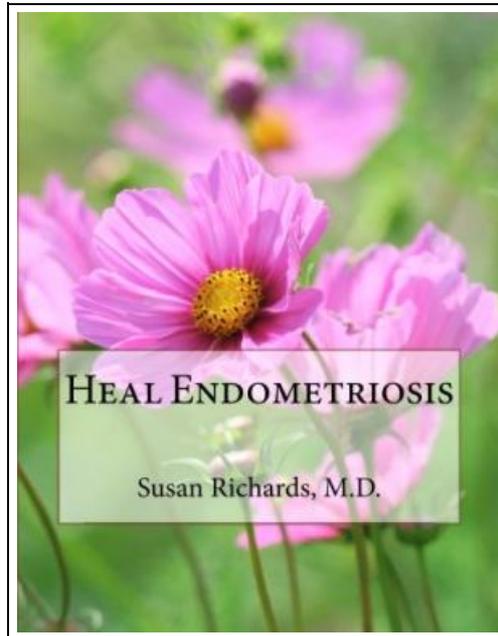# Heal Endometriosis (Paperback)



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## Reviews

This book is really gripping and intriguing. It is writter in easy words and never confusing. You can expect to like the way the blogger create this pdf.
*(Summer Jacobson)*

# HEAL ENDOMETRIOSIS (PAPERBACK)

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you want to have rapid relief from the symptoms of endometriosis and eliminate the menstrual cramping and pain, heavy and irregular bleeding and spotting, infertility and many other debilitating symptoms that are experienced with this condition? Then, Heal Endometriosis is the one book that you must have! Written by Susan Richards, M.D., best selling author and one of the most renowned women s alternative medicine experts, this incredible guide to healing from endometriosis contains her all natural treatment program that has helped thousands of her endometriosis patients gain dramatic relief from their debilitating and uncomfortable endometriosis symptoms. Dr. Richards all natural program for endometriosis relief is incredibly effective, safe and fast acting and has enabled most of her patients to avoid surgical treatments, including hysterectomy, as well as avoid the use of drugs and hormones with their debilitating side-effects, including hot flashes and bone loss. Her book also includes her expert knowledge of the most up-to-date medical and alternative therapy research in this field. In this essential and complete guide to healing from endometriosis, Dr. Richards shares: - Important information on the symptoms, causes and risk factors of endometriosis. In-depth discussion of the menstrual cramps and pain, heavy menstrual bleeding, spotting, irregular menstruation, infertility, pain on sexual intercourse and many other symptoms that women with endometriosis often experience and how to correct them. - Very helpful workbook for evaluating your own symptoms and questionnaires to assess your risk factors including stress, diet and physical fitness factors. - An essential chapter on the medical diagnosis and medical testing of endometriosis, including the most up-to-date evaluation technologies. - Her delicious endometriosis relief diet including menus, meal plans and scrumptious, high nutrient recipes that...

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