

Breast Cancer: A Journey from Fear to Empowerment (Paperback)

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An exceptional pdf as well as the typeface utilized was interesting to see. I am quite late in start reading this one, but better then never. I am very happy to explain how this is actually the best pdf i actually have go through within my individual daily life and might be he greatest publication for possibly. (Freddie Zulauf)

BREAST CANCER: A JOURNEY FROM FEAR TO EMPOWERMENT (PAPERBACK)



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Live It Publishing, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book. If you re unfortunate enough to get breast cancer, the first question you may ask yourself is, Why me? Cath Filby asked herself the same question seven years ago when she was diagnosed. A double mastectomy, followed by chemotherapy, complementary therapy and reconstruction, using tissue from her stomach, followed. But this wasn t the end because Cath decided to write about her experiences in the hope that she could help others going through cancer to understand that, with faith, determination, support and an open mind, the journey through breast cancer can be far more bearable than you think. Cath describes each element of her treatment with a no-holds-barred approach but intersperses her story with a sprinkling of humour and more than a small dose of hope.

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