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Reviews

An exceptional publication and also the typeface applied was fascinating to learn. It normally will not expense excessive. Your life period will be transform once you comprehensive looking over this pdf. *(Rachelle O'Connell)*

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Wisdom Publications. Paperback. Condition: New. 273 pages. A three-step guide to recovery from addiction to consumerism, self-deception, and life as you thought it had to be. Josh Korda, a recovering alcoholic and drug addict, left his high-paying office job to become a New York punk living off of other peoples generosityand he wants you to know that you can do it, too. Josh used to have a successful career in advertising, but he chucked it all away to find a more fulfilling way to live. Now a wildly popular Dharma teacher, he teaches and mentors people searching for radical refuge with his unique blend of Buddhist wisdom, modern neuroscience, and punk-rock attitude. Joshs three-step guide to recovery from addiction to consumerism, self-deception, and life as you thought it had to be: (1)Reprioritize your goals, away from a materialist vocation toward a fulfilling avocation (2)Understand yourself and your emotional needs (3)Connect authentically with others, leading to secure relationships and true community. Revolutionary, compassionate, and filled with wonderfully practical exercises, Josh will help you lead a more authentic, more fulfilling life. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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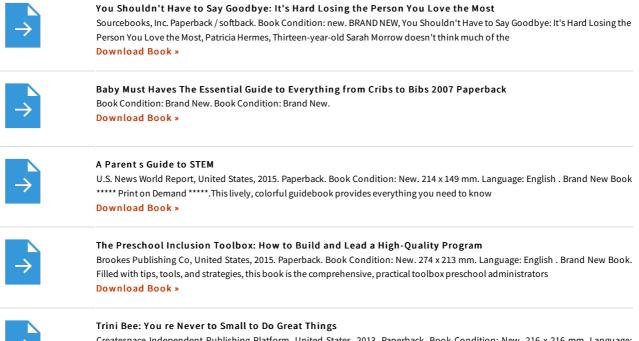
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