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## BRAIN-BASED PARENTING: THE NEUROSCIENCE OF CAREGIVING FOR HEALTHY ATTACHMENT (HARDBACK)



WW Norton Co, United States, 2012. Hardback Condition: New. Language: English. Brand New Book. In this groundbreaking exploration of the brain mechanisms behind healthy caregiving, attachment specialist Daniel A. Hughes and veteran clinical psychologist Jonathan Baylin guide readers through the intricate web of neuronal processes, hormones and chemicals that drive-and sometimes thwart-our caregiving impulses, uncovering the mysteries of the parental brain. The biggest challenge to parents, Hughes and Baylin explain, is learning how to regulate emotions that arise-feeling them...

## Read PDF Brain-Based Parenting: The Neuroscience of Caregiving for Healthy Attachment (Hardback)

- Authored by Daniel A. Hughes
- Released at 2012



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## Reviews

The publication is great and fantastic. It can be filled with knowledge and wisdom You wont truly feel monotony at at any moment of your time (that's what catalogues are for about if you ask me).

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