



Life Doesn't Have To Make You Sick Getting to the Root Cause.

By Bryana Hillman

iUniverse. Paperback. Condition: New. 108 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Life Doesn't Have To Make You Sick is a personal and practical guide for women who want to take control of their health and happiness. When conventional medicine failed to solve her chronic health conditions, the author turned to alternative and complementary medicine and met with successful results. After years of extensive self-education and self-discovery, she can now offer women insightful, common sense strategies for achieving physical and mental/emotional health. Through such subjects as alternative health care, dealing with emotional crises, marriage, parenting, and personal growth, the author shares her own experiences, and encourages women to empower themselves in every area of their life. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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