



Spiritual Accompaniment and Counselling: Journeying with psyche and soul (Paperback)

By -

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. The contributors, who each work with spiritual issues, either explicitly as spiritual directors or companions, or as an implicit part of their therapeutic work, offer a psychologically-informed approach to Spiritual Accompaniment and Direction, and to working with others on a spiritual level more generally. They explore what it means to be attuned to the spiritual process of another, discuss what makes an effective relationship in Spiritual Accompaniment and counselling, and consider how best to work with spiritual crisis, spiritual abuse, and pain. The unconscious process informing the work, forgiveness, changing spiritual needs over the life-span, and models of supervision that can inform the practice of Spiritual Accompaniment are also explored. A case study is presented, providing psychological and theological insights into the accompaniment process. Grounded in work with the spiritual dimension of others and aspiring to improve encounters at a spiritual level, this concise book has important implications for the practice of counsellors, psychotherapists, and spiritual companions and directors.



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