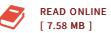




Art Therapy Exercises: Inspirational and Practical Ideas to Stimulate the Imagination (Paperback)

By Liesl Silverstone

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2009. Paperback. Condition: New. Language: English . Brand New Book. This accessible book comprises a collection of 80 tried-and-tested exercises, with guidelines for applying them and advice for devising new ones. Liesl Silverstone offers a variety of exercises for a diverse and multicultural client base, such as guided fantasies, one-to-one and group work focusing on the group dynamic, and some examples of working with adults with learning difficulties and children. Focusing on the non-directive, non-interpretive personcentred approach to art therapy, this inspirational book is the perfect complement to Art Therapy - The Person-Centred Way, also by Liesl Silverstone and published by Jessica Kingsley Publishers. Art Therapy Exercises is an invaluable book for art therapists and art therapy students, counsellors, psychotherapists and all professionals working in the field of human development.



Reviews

Merely no words to clarify. I could comprehended almost everything using this published e publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lori Terry

Totally among the finest pdf We have possibly read through. It usually fails to price a lot of. I discovered this book from my i and dad suggested this pdf to learn.

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