



Breakthrough How to Have Compassion for Those Who Do Harm

By Laurie Perez

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 28 pages. Dimensions: 8.0in. x 5.0in. x 0.1in. Its not something you try hard to achieve; its a perspective you relax into -- and the more you relax into it, the stronger and more resilient you become. Compassion. For them. For yourself. For us all. Dont worry: if tuning in reveals a situation that needs help you dont have it in you to give; Compassion will guide you to take care of yourself and trust your loving presence to be enough. Your joy is valuable -- for you privately and in the grand scheme. Were all in this together. The more at ease you are in the world, the more vibrant, creative and easygoing the world in you becomes. -excerpt from Page 7World events, private heartaches, big questions with surprisingly simple answers: the Joybroker perspective is a way through the confusion. Your writing challenges the reader to think and more importantly, reflect. . . I havent actually read a lot of authors who present like you, Laurie. . . Its truly a rare gift. - Richard So refreshing! -Patricia This item ships from La Vergne, TN. Paperback.



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