



Roots of TM: The Transcendental Meditation of Guru Dev Maharishi Mahesh Yogi

By Paul Mason

Premanand, United Kingdom, 2015. Paperback. Book Condition: New. 231 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****. Roots of TM is intended to enable readers to better understand how and why Maharishi Mahesh Yogi spread the teaching of Transcendental Meditation around the world. Roots of TM provides background information on Maharishi Mahesh Yogi and his master, Guru Dev, Swami Brahmanand Saraswati, and provides a source book of information about their teachings and techniques. Roots of TM is not intended as a general guide to Indian philosophy, or as a study of the many ancient spiritual practices of India, nor as a mantra handbook. Roots of TM offers information about Maharishi's missing years, from the time when his master passed away through to the gradual build up of his stated mission to spiritually regenerate the world; Why can't we spiritually regenerate the world through this technique? he asked. Roots of TM contains numerous quotations and rare transcripts of lectures by Guru Dev and by Maharishi. Furthermore, it details the course of events that would eventually find Maharishi lecturing at the Masquers Club, an actor's social club in Hollywood. It also tells...

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