



Be Merry: How to Advent Without Losing Your Mind (Paperback)

By Sterling Jaquith

Ever Catholic, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you feel anxious just thinking about the months of November and December? Are you worried about decorations, presents, and trying to survive your crazy family? This is not what Jesus has in mind for the holiday season. Be Merry is a practical book about how we can avoid the common anxious and depressed feelings that wash over us during the holidays. Find out how to squish your envy bug, how to give your family to Mary to find peace, and more! It s possible to have a joyful holiday season! Come find out what can help you to set yourself up for success this year to draw closer to Christ and to find more peace in your life.



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