



Tantrums!: Managing Meltdowns in Public and Private

By Thomas W. Phelan

ParentMagic, Incorporated, United States, 2014. Paperback. Book Condition: New. 226 x 148 mm. Language: English . Brand New Book. A straightforward approach to managing tantrums. Noting that of all the behavioral problems parents face from their children, temper tantrums may be the most upsetting, this handbook arms confused and frustrated parents with simple, easy-to-follow directions on how to best manage the problem and guide kids appropriately. Readers will learn the three main causes of temper tantrums, the true power of the 10-Second Rule, the anatomy of a typical tantrum, and the chief problems with attempting to reason with or distract a child. A sound and effective tantrum-management plan is critical to the well being of everyone in the family, and this book details an effortless four-step process for marshalling tantrums as well as guidance on how to handle dreaded tantrums in public places, allowing parents to no longer fear tantrums and regain control of their own homes.



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