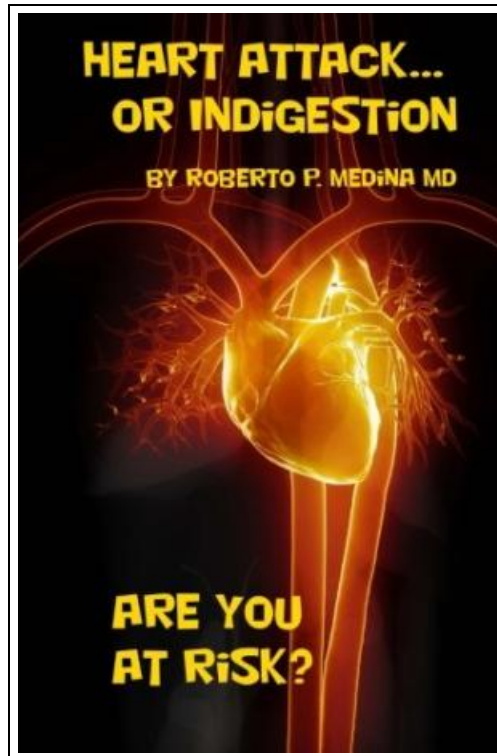


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Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Roberto P. Medina MD FACC is a practicing clinical and invasive-interventional cardiologist with more than 30 years of experience, seeing patients with chest pain every day. The purpose of this book is to extend his experience to the general public, so everybody can make an informed decision about his or her chest pain symptoms. Is my chest pain a sign of an impending heart attack? My doctor told me it is just stress; may stress precipitate a heart attack? Do I need a second opinion? Is my shortness of breath a sign of heart disease or just bad lungs? Is my fatigue just a normal sign of aging? Am I at risk to suffer a stroke? How can I prevent having a heart attack or a stroke? Am I going to die young like my father? I hate to take pills, do I really need to take medications for blood pressure or for cholesterol? How about natural products, diet and exercise? Do I need an invasive procedure? Which one, balloon angioplasty, stent or something else? What exactly is a balloon angioplasty anyway? Is it true that it was invented in Europe, on somebody's kitchen table? Read on, and you will find the answers to these and a myriad of other questions about heart disease.



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