



Juicing for Weight Loss: 37 Delicious Juices That Crush Cravings, Fight Fat, and Keep You Thin (Paperback)

By Jackson Nash

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Figure Out How to Lose Weight and Feel Great Through the Power of Juicing * * *LIMITED TIME OFFER! 50 OFF! (Regular Price \$5.99)* * * Want to lose weight the healthy way? You are in the correct spot! Using weight loss juice recipes as a diet is a popular fad, but it can turn unhealthy extremely easily. That is why it is important to know what a proper juice diet really consists of, and this book can help you on the way. It will also teach you the different foods that can go into your juicer to help make sure that all of your juices are balanced and healthy. With thirty-seven different recipes, you will find that these juice recipes are anything but boring. They are all packed full of nutrients and everything you need to lose weight in a safe and effective manner. You ll even learn why each ingredient was picked, as they all are going to help you lose the weight you want. 7 Reasons to Buy This Book 1.In this book you will learn...

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A superior quality book along with the font employed was exciting to see. It is one of the most amazing book i have got read through. You wont really feel monotony at anytime of the time (that's what catalogs are for about in the event you ask me).

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