



Adolescents on the Autism Spectrum: Foreword by Charlotte Moore (Paperback)

By Chantal Sicile-Kira

Ebury Publishing, United Kingdom, 2007. Paperback. Condition: New. Language: English . Brand New Book. Adolescence can be a difficult time for everyone, but for parents of teens on the autism spectrum it s particularly nerve-wracking. Parents must learn to protect their children from the dangers of an environment that is not always understanding of their disease while also providing them with the skills and support they need to live as independent a life as possible. Adolescents on the Autism Spectrum offers strategies for helping children, whatever their ability level, through the changes of the teenage years, and prepares them for adulthood. Using clear examples, practical advice, and supportive insights, it covers how to help teenagers understand puberty and hygiene; the specific health risks of adolescence such as seizures and depression; preparing for life after secondary school; and teenage emotions, sexuality, appropriate relationships and dating.



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