



## Get Your Kids Hiking: How to Start Them Young and Keep it Fun! (Paperback)

By Jeff Alt

Beaufort Books, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book. Hiking is a great way to relax, connect with nature, and enjoy time with your family. Bringing your kids along can be rewarding for you and for them, but it can also add new challenges and concerns to your trip. Get Your Kids Hiking is loaded with everything you need to know to hit the trail with kids; from gear to simple proven techniques that will make your hike safe and fun. Written with both the novice and the seasoned hiker in mind, Jeff Alt provides all the information you need to take your child out on the trail. This books offers: Age-appropriate ways to include your child in all aspects of the hike Checklists of what to pack for any type of hike Kid-friendly menus Advice for hiking with a child who has special needs. Get Your Kids Hiking is the playbook to inspire an appreciation for the great outdoors in your children and keep your young child or teenager interested in a family hiking trip.



READ ONLINE  
[ 2.31 MB ]

### Reviews

*Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).*

-- Paolo Spinka

*Extremely helpful to all class of individuals. It really is writter in straightforward terms instead of difficult to understand. I am just happy to explain how this is the finest publication i have got read inside my own lifestyle and might be he very best ebook for possibly.*

-- Dr. Meta Smith