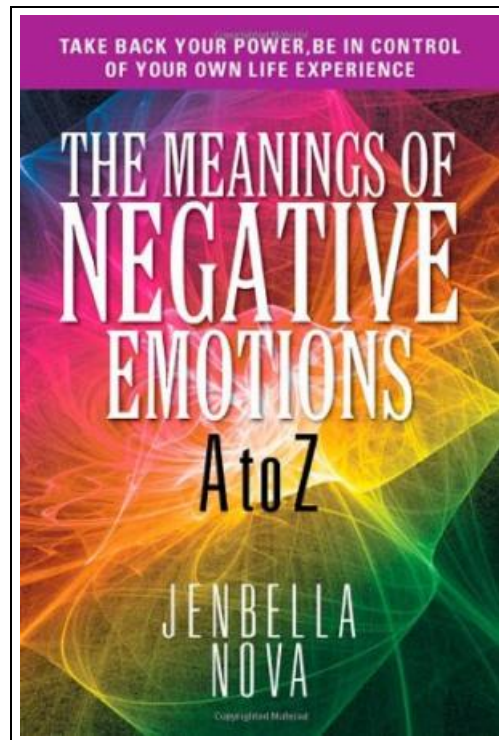


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THE MEANINGS OF NEGATIVE EMOTIONS: A TO Z (PAPERBACK)



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Strategic Book Publishing, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Meanings of Negative Emotions: A to Z is about self-healing on an emotional level that leads to physical empowerment. It s about overcoming old programming and habits of negative actions, thoughts and reactions, to become aware, awake and alive, while taking back control over our lives. We need to see where unconscious patterns of reacting to life and accepting our personality traits, ingrained responses, and protections are exposed for what they really are, and to understand that having limited protections don t serve us. As we choose to consciously change these patterns, we set ourselves free, opening our world to limitless possibilities. Sometimes we need a point of reference as we see ourselves repeating the same negative actions. This is why this book on Negative Emotions was written. When we see ourselves doing thngs we shouldn t, we can look up the emotion involved in the book to see what our actions really means. As an evolving soul, we can change unconscious behavior to something more positive. And the more aware we are, the more in control we are of the outcome of our lives. When we change negative-unconscious-ego traits to positive-empowering-happy traits, we are finally fully awake and see things as they really are. This is author JenBella Nova s fifth book. She says, I was born with second sight and channel every day in writing. I see spirits everywhere, always have. I also see color around every living thing (aura) and see energy fields. She works in the natural healing arts. The author grew up in Auckland, New Zealand, and has lived the past twenty years in Queensland, Australia. Publisher s website: //.



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