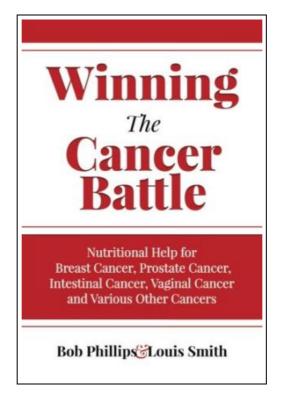
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WINNING THE CANCER BATTLE: NUTRITIONAL HELP FOR BREAST CANCER, PROSTATE CANCER, INTESTINAL CANCER, VAGINAL CANCER, AND VARIOUS OTHER CANCERS (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The American Cancer Society has estimated that there will be over 1,685,000 new cancer cases by the end of 2017. Of this total, 600,900 patients will pass away from the disease. Many people know firsthand the devastation cancer can wreak. It may seem like there is nothing you can do-but there is hope! In this new guide, certified nutritionists Louis Smith and Bob Phillips offer tips on reducing your risk of acquiring a variety of different cancers. Simple lifestyle changes can be the first line of defense against the horrors of cancer. In Winning the Cancer Battle, Smith and Phillips help you to understand the complex roots of cancer, identify the major risk factors, make healthier dietary choices, see the connection between the mind and the body, use exercise and stress-relief techniques to begin your fight, and form a cancer action plan to tackle the illness and stop it from controlling your life. Smith and Phillips emphasize the need to deal with cancer head on. You don t have to merely accept your fate. You have the power to protect your body from cancer and other diseases, and you can start right now.

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