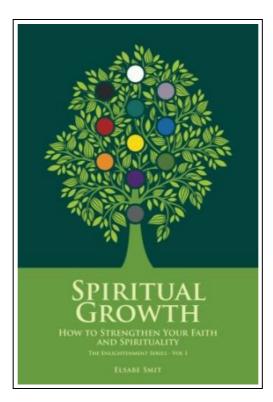
Spiritual Growth: How to Strengthen Your Faith and Spirituality (Paperback)



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SPIRITUAL GROWTH: HOW TO STRENGTHEN YOUR FAITH AND SPIRITUALITY (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In this enlightening book, internationally renowned psychic, coach and author Elsabe Smit breaks down some key concepts of spiritual development into short, highly accessible articles, and provides ways in which the reader can achieve spiritual growth. Inspired by a lifetime of facing sometimes seemingly insurmountable challenges, Elsabe examines the subtle nuances that influence our lives, and explores these age-old questions: Why are we born? How can we get closer to enlightenment? Is there life after death? Drawing on elements of quantum physics, plus works by some of the world s most prominent researchers and gurus in the fields of health, business and relationships, Elsabe will help you to understand the ancient mystery of Love. She will help you to regain control of your life and, using spiritual concepts, find enlightenment in life s daily challenges. All life experiences, whether you label them as good or bad , are simply stepping stones on a journey towards finding self-acceptance, compassion and your own spirituality. In this highly practical guide to modern day spirituality, Elsabe shares her life experiences and wealth of knowledge gained over many years both on this plane and in psychic work. Elsabe will show you how to discover your true self and to appreciate the life you have been given. In -Spiritual Growth: How to Strengthen Your Faith and Spirituality (The Enlightenment Series Volume 1)-you will get answers to these questions: Where do I find solace? How can I improve my karma? Why do we experience the dark night of the soul and how can we get through it? How do we match our expectations to the outcomes we get? What is the true meaning of time and numbers? Does faith require...

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