



Best of Irish Traditional Cooking

By Biddu White Lennon

O'Brien Press Ltd, Ireland, 2002. Paperback. Book Condition: New. Anne O'Hara (illustrator). 188 x 130 mm. Language: English. Brand New Book. Biddu White Lennon brings out the real flavour of Ireland in this new cookbook series. One of Ireland's best-known food writers, she presents recipes from around the country featuring the finest and the favourites of traditional Irish cooking. From starters to puddings, you will find a delicious selection of recipes using the best of Irish ingredients: succulent salmon, creamy cheeses, nutty brown flour. Choose from Bantry Bay mussels, Dublin Coddle, Kerry apple cakes, traditional fruity barm brack -- the Halloween favourite -- Guinness stew, Baileys cheesecake and of course the famous Irish Coffee. The book also contains related anecdotes, around the recipes, on Irish folklore and legends. All the recipes include metric, imperial and US measurements.

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