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# THE PARENT S 20 MINUTE GUIDE (SECOND EDITION) (PAPERBACK)



Lulu.com, United States, 2016. Paperback Condition New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Parent s 20 Minute Guide helps parents change their child s substance use. Developed by psychologists at the Center for Motivation and Change, the 20 Minute Guide pulls from Motivational Interviewing (MI), CRAFT (Community Reinforcement and Family Training), Cognitive Behavioral Treatment (CBT), and Dialectical Behavior Therapy (DBT) to give family members the best tools to help a loved one change their substance...

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- Authored by The Center for Motivation and Change
- Released at 2016



Filesize: 6.82 MB

#### Reviews

It in a single of my favorite publication. It really is rally interesting throgh studying period. Your life period will probably be transform once you total looking at this book.

-- Janie Schultz I

This book will never be straightforward to start on looking at but extremely exciting to read. I actually have read through and that i am sure that i am going to gonna go through once more again in the future. I am happy to explain how this is the very best book i have read through in my individual lifestyle and may be he best publication for at any time.

-- Estrella Howe DVM

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