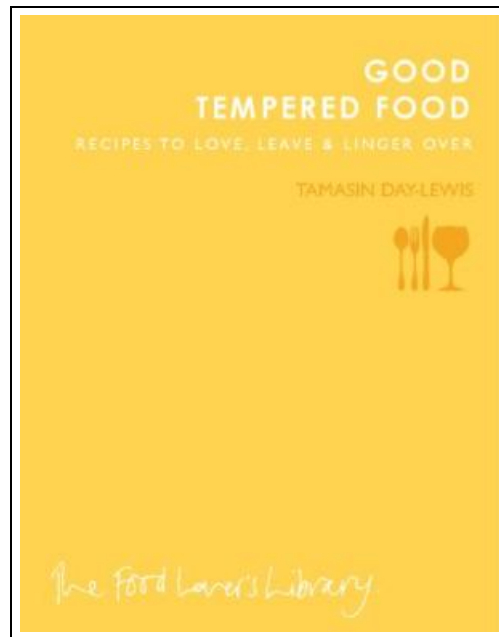


Good Tempered Food: Recipes to love, leave and linger over



Filesize: 5.04 MB

Reviews

I actually started reading this publication. It is full of knowledge and wisdom You wont sense monotony at at any time of your respective time (that's what catalogs are for relating to should you check with me).

(Vilma Bayer III)

GOOD TEMPERED FOOD: RECIPES TO LOVE, LEAVE AND LINGER OVER



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Clearview. Paperback. Book Condition: new. BRAND NEW, Good Tempered Food: Recipes to love, leave and linger over, Tamasin Day-Lewis, Slow-cooked food and what the author likes to call 'good tempered food', is what proper cooking is all about. In fact, it's the chief pleasure of cooking. It's about re-uniting yourself with a sense of pleasure in the kitchen, rediscovering that 'slow' or 'time-taken' doesn't mean difficult. This is a hugely underrated pleasure in its own right - as can be the planning, shopping, reading of cookery books or recipes online, deliberating, or telephoning a friend for a recipe. Good Tempered Food also shows how to plan in advance and half-prepare a dish a day or even a week before. For example, a dish like risotto can be half-cooked before time, the simplest of meat sauces can be converted from lasagna to cottage pie, hot and cold puddings can be pre-cooked and finished at the last minute. The book is full of dishes that will give you pleasure to cook - roasted baby tomatoes mixed with baby broad beans, a handful of chives, mint, chervil and thyme, some lemon zest and cheese thrown onto some pasta of a fat piece of belly of port idling in the oven for several hours, steeped in molasses, sweet brown sugar and star anise.



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