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WRITE TO MAKE IT RIGHT: HOW TO OVERCOME STRESS AND ANGER USING THE HEALING POWER OF JOURNALING



Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English. Brand New Book ***** Print on Demand *****.Write To Make It Right: How to Overcome Stress And Anger Using The Healing Power Of Journaling What personal discipline do many of the world s greatest leaders of the past and present have in common? It is the practice of writing a daily journal, not just about the events around them, but the inner workings of their hearts...

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- Authored by Lakeysha-Marie Green
- Released at 2015



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