



Mindful Money: How to Overcome the Number-One Enemy of Financial Success: Your Brain

By Craig Verdi

More Cowbell Books, LLC. Paperback. Condition: New. 196 pages. Dimensions: 8.5in. x 5.5in. x 0.5in. Contrary to popular belief, the main predictor of investment success isn't determined by your specific stock choices, or even the overall performance of the markets. Improving your investment returns isn't about asset allocation tricks or shiny new investment ideas that promise to beat the market. Mindful Money takes a different approach from any investment book you've ever read, by focusing on the one item that's 100% under your control for accumulating long-term wealth: changing your financial behaviors. In Mindful Money, Craig Verdi, CFP, president and founder of Verdi Wealth Planning, dives into the details of how to avoid too-good-to-be-true strategies that cost you time and money. Where to find rock-solid investments that have stood the test of time. What you absolutely must demand from any investment advisor. Why new studies about the human brain can help create a wealth-building mindset. How a simple, proven formula can change your financial behaviors forever. If you're serious about building wealth and creating a secure future for you and your loved ones, it's time to put your mind where your money is. This item ships from multiple locations. Your book may arrive...

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