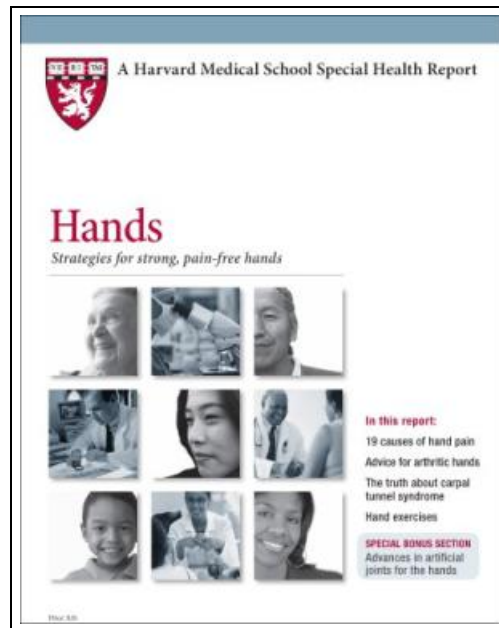


## Hands: Strategies for Strong, Pain-Free Hands



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