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## **AVOIDING THE SUMO DIET**

Avoiding the Sumo Diet



Createspace Independent Publishing Platform, United States, 2016. Paperback Book Condition New. 216 x 140 mm. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*. This book is about me and how I changed my whole life. My name is Ashley Summers and I used to be fat. Not just a little fat, but very fat. All the problems in my life seemed to revolve around my weight. I was always the one hiding in the back of group photos. When possible,...

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- Authored by Ashley Summers
- Released at 2016



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