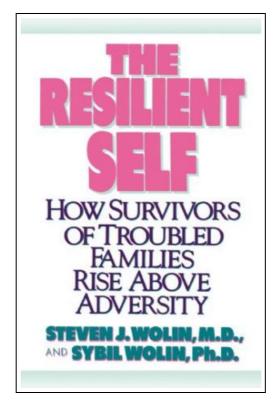
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THE RESILIENT SELF: HOW SURVIVORS OF TROUBLED FAMILIES RISE ABOVE ADVERSITY (PAPERBACK)



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Random House USA Inc, United States, 1993. Paperback. Condition: New. Language: English . Brand New Book. An informative and inspiring guide to rebounding from childhood hardships to find uncommon strength and courage The Resilient Self reminds us all of the importance of being aware of and building on the strengths of our young people, whatever their early life experiences. We must work to give them hope and to craft services and programs that are respectful of the resiliencies so thoughtfully characterized by the Wolins. This guide, although based on the experiences of adults, offers extremely useful insights too for those working on behalf of children and adolescents. --Marian Wright Edelman, president, Children s Defense Fund This book offers a strong sense of hope for everyone who has grown up in a troubled family. I salute the authors for their masterful synthesis of research, clinical experiences, and insights gleaned from the voices of poetry. The Wolins book cautions the reader that no one emerges from troubled childhood without some scars, but it challenges us to finds ways in which we can transforms pain into joy in our lives. --Emmy E. Werner, Ph.D., author of Vulnerable But Invincible and Overcoming the Odds This marvelous book can turn the tide for people injured during their childhoods, not by ignoring the ashes of the past, but by winnowing out the precious elements from which the phoenix can triumphantly rise. It is a book that has been badly needed, and for which many will long be grateful. --Timmen L. Cermak, M.D., former chairman, National Association for Children of Alcoholics At last, a compassionate and realistic challenge to abandon the idea that one is a passive object of an unhappy childhood. The Resilient Self encourages readers to recognize and appreciate their strong, insightful, and creative survival....



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