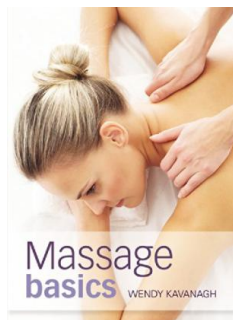


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## MASSAGE BASICS



Hamlyn (UK), United States, 2015. Paperback. Book Condition: New. 208 x 147 mm. Language: English . Brand New Book. Massage is one of the oldest forms of therapy, renowned for restoring physical and emotional well-being. With this book you can experiment with massage in the comfort of your own home and treat family and friends to a total pampering experience! Clear, step-by-step instructions demonstrate all the techniques you will need to aid relaxation, relieve aches and pains, release tension and...

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- Authored by Wendy Kavanagh
- Released at 2015



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