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BREATHE: 31 DAYS OF INSPIRATION (PAPERBACK)



Zoe Bell Publishing, United States, 2013. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****.Have you ever felt like life was suffocating you? Work, kids, marriage, business, volunteer commitments and bills all worked collectively to suck the life out of you. So did I, until I learned to how to BREATHE. The longer I lived, the less I was living. I was suffocated by increased responsibilities and clutter, which became overwhelming. Once upon a time there...

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- Authored by Myra L Bellinger
- Released at 2013



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