



Taking Control of Your Life from the Inside Out Workbook Perfectbound (Paperback)

By Tunishai Ford

Lulu.com, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This workbook is motivational and informative in the areas of improving your personal life and work habits. It is used for a workshop in which Dr. Tunishai Ford touches on topics in the areas of health and wellness, self improvement, job productivity and more.



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