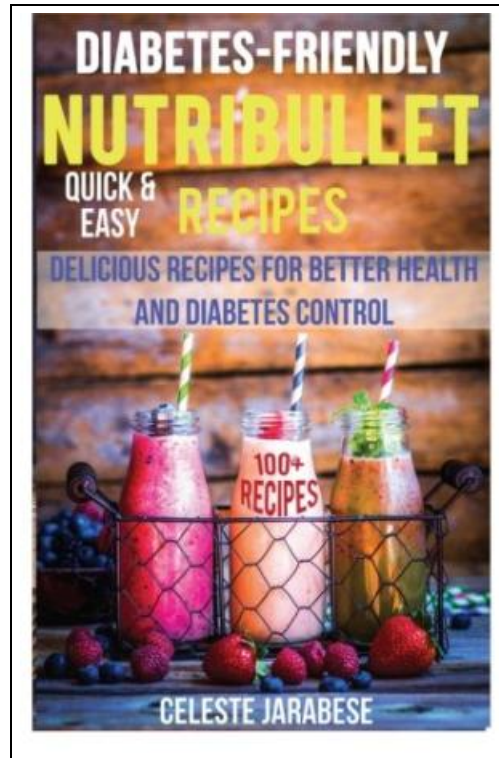


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. **Download now to get this book at \$0.99 for limited time, Regular priced at \$4.99. Also available for Android, iPhone, Android, Tablets and PC** Overview: I need to ask you a few questions: Are you unable to enjoy delicious smoothies because of Diabetes? You don t have the time to prepare nutritious meals? Wouldn t you love it if one book can give you delicious diabetic friendly smoothies which also help in losing weight and lead to better health? Do not answer the questions. The fact that you are reading this description sums it all up. Let me tell you, you need this book! WHY? Here is why Inside the Book: 100+ Delicious but Diabetic Free and Healthy Smoothie RecipesThis is the only smoothie book for better health you will ever need! Recipes work with NutriBullet and other machines as well.All recipes are tried and tested The author of this book specializes in Nutrition and Dietetics and aims to provide you the best recipes for your health and your taste budsIntroduction: This book is a part of a series of NUTRIBULLET recipe book that focuses on Diabetes-Friendly Smoothies for a more stable source of energy and blood sugar control. This book will help people with diabetes to better manage their blood sugar levels by drinking healthy smoothies made with fruits, vegetables, seeds, nuts, dairy, tea, and other liquid bases. The recipes in this book are high in fiber, vitamins, minerals, and antioxidants to help the body organs function properly. Also, they contain good amounts of carbohydrates, protein, and fats for a more stable source of energy to prevent dips and spikes in their blood sugar levels. Bonus Recipe: Here...



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