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EAT DIRT: WHY LEAKY GUT MAY BE THE ROOT CAUSE OF YOUR HEALTH PROBLEMS AND 5 SURPRISING STEPS TO CURE IT (MAIN MARKET ED.)



PanMacmillan. Paperback. Book Condition: new. BRAND NEW, Eat Dirt: Why Leaky Gut May be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure it (Main Market Ed.), Josh Axe, Affecting 80% of the population, leaky gut syndrome is the root cause of a litany of ailments, including chronic inflammation, allergies, autoimmune diseases, hypothyroidism, adrenal fatigue, diabetes, and even arthritis. In order to keep us in good health, our gut relies on maintaining a symbiotic relationship...

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- Authored by Josh Axe
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