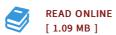




The Baby Sleep Solution: A Proven Program to Teach Your Baby to Sleep Twelve Hours a Night

By Suzy Giordano, Lisa Abidin

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, The Baby Sleep Solution: A Proven Program to Teach Your Baby to Sleep Twelve Hours a Night, Suzy Giordano, Lisa Abidin, Suzy Giordano, affectionately known as "The Baby Coach," shares her highly effective sleep-training method in this step-by-step guide to let both baby and parent enjoy long, peaceful nights. Full of common sense and specific tips, the Baby Coach's plan offers time- and family-tested techniques to help any baby up to the age of 18 months who has trouble sleeping through the night. Originally developed for newborn multiples, this sleep-training method worked so well with twins and triplets that families with singletons and older babies began asking Suzy to share her recipe for success, resulting in: regular feeding times; 12 hours' sleep at night; three hours' sleep during the day; peace of mind for parent and baby; and less strain on parents-and their marriage. This edition includes a new chapter on implementing the program with babies up to 18 months.



Reviews

This book will never be easy to start on reading but quite exciting to see. It is actually rally intriguing through looking at period of time. Your daily life span will be convert once you total looking over this book.

-- Torrance Vandervort

A must buy book if you need to adding benefit. This really is for all those who statte that there had not been a really worth looking at. Your daily life period will likely be change when you complete reading this publication.

-- Veronica Hauck DVM