



## Mayo Clinic On Managing Diabetes: Practical Answers to Help You Enjoy a Healthy and Active Life ("MAYO CLINIC ON" SERIES)

By Maria Collazo-Clavell (Editor), Various Authors (Contributor)

Mayo Clinic, U.S.A., 2001. Soft Cover. Condition: New. First Edition/First Printing. "(Mayo Clinic) Offers consumers the information and necessary steps to control blood sugar and control or prevent diabetes. Shows how to exercise safely, enjoy a healthier diet, achieve and maintain a healthy weight, protect against serious complications, select and use a glucose monitor, and remember to take important tests." This is a beautiful new book. Size: 8vo - over 7¾ - 9¾" tall.



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