



## Multivitamin/Mineral Supplements and Prevention of Chronic Disease: Evidence Report/Technology Assessment Number 139 (Paperback)

By U S Department of Health Human Services, Agency for Healthcare Research and Quality

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Multivitamin/mineral supplements are the most commonly used nutritional supplements in the United States. Scientific evidence on the efficacy and safety of supplement use will serve as the basis for us to identify knowledge gaps and inform the general public's practice and future research. This report synthesizes the published literature on the efficacy and the safety of multivitamin/mineral supplements in the prevention of chronic disease for the general population of adults, and on the efficacy and the safety of certain commonly-used single vitamin or mineral supplements in the general population of adults and children. The specific aims of this review are to synthesize evidence in the literature for addressing the following Key Questions: 1. What is the efficacy determined in randomized controlled trials of multivitamin/mineral supplements (defined as 3 or more vitamins and/or minerals without herbs, hormones, or drugs), each at a dose less than the tolerable upper intake level (UL) determined by the Food and Nutrition Board, in the general adult population for prevention against the development of one or more of the following chronic diseases or conditions? a. Oncologic: breast cancer,...



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