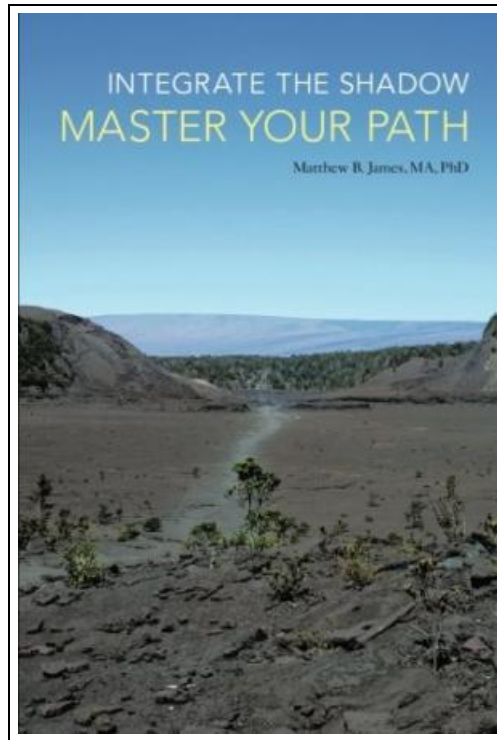


## Integrate the Shadow, Master Your Path



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Balboa Press, United States, 2014. Paperback. Book Condition: New. 226 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Dr. Matthew James uncovers the mysteries of your unconscious mind in this compelling and sacred book. He shares soulful information that lets you deeply accept all aspects of your being. I highly recommend, especially for those on a committed spiritual path. Shawne Duperon, CEO ShawneTV, 6-Time EMMY(r) winner, Project: Forgive Founder Our culture is filled with shame and guilt. We make ourselves sick and tired by trying to be perfect - or at least pretending we are. In INTEGRATE THE SHADOW, MASTER YOUR PATH, Matt James gives us in-depth insight into the Shadow and how this mysterious and somewhat frightening aspect of ourselves can become the powerhouse behind our creativity and passion. If you've ever felt blocked without knowing why, this book is for you! Jonathan Ellerby PhD, bestselling author of Inspiration Deficit Disorder, CEO of TAO Inspired Living We have great power to heal ourselves, but I have often seen with those who come to Humanity Healing that the unconscious mind often gets in the way of full Healing. In INTEGRATE THE SHADOW, MASTER YOUR PATH, Dr. Matt helps us understand that the unconscious really isn't an adversary but you do need to know how to work with it. If good health has eluded you, this book just might show you why and what to do about it. Christopher Buck, CEO, Humanity Healing International Matthew James understands that a true spiritual path incorporates all of who we are: physical, mental, emotions, conscious and unconscious. Sometimes we look at the unconscious as a dark scary cavern of animal desires and motivations. But blending ancient Huna tradition with Jungian thought, Matthew demonstrates that it is...



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