



Play Ball: 100 Baseball Practice Games (Paperback)

By Thomas O Connell

Human Kinetics Publishers, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book. Play Ball: 100 Baseball Practice Games is the best way to develop players skills, execution, and on-field team play! With more than 100 skill-building competitions, Play Ball: 100 Baseball Practice Games covers everything from the fundamentals of fielding, pitching, catching, and hitting to special situations such as rundowns, base stealing, and bunting. You ll even learn how to incorporate the games into team practices to perfect execution and prepare for opponents. Renowned coach and American Baseball Coaches Association Hall of Fame member Tom O Connell includes games for individual players as well as group competitions for infielders, outfielders, and pitchers and catchers. Coaching tips and variations also allow the developmental games to be used with beginning, intermediate, and advanced players and teams alike. From outfielder to catcher, from player to coach, Play Ball: 100 Baseball Practice Games is your guide to more productive and engaging practices, focused play, and on-the-field excellence.

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