



A Simple Theory of the Self (Paperback)

By David W Mann

W. W. Norton Company, United States, 1994. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In a book described by Harvard professor Leston Havens as a stunning intellectual achievement, psychiatrist David Mann proposes an entirely new perspective on psychodynamics. He begins by revisiting the original concept of theory: a particular point of view. Then he traces the origins of scientific theory to self-experience, ultimately demonstrating that science is the self-portrait of mind. After exploring various theories of psychoanalysis, their origins and shortcomings, he proposes a new view of the self as defined by the dimensions of reflexivity, bodiness, and time, which, fused in feeling, form the kernel of psychic reality, the irreducible center of being. Exploring the normal and pathological states of the self as variations of this model, Mann shows how the theory can restructure one's understanding of the gamut of psychiatric disorders. The model suggests an unseen order to the chaos of classical psychopathology. Unconsciousness, uncertainty, and what appear classically as mechanisms of defense all derive simply from this point of view. Various repetitions - from addictions to deliberate suffering - can be seen as misplaced efforts to own oneself and...



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