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Raising a Moody Child: How to Cope with Depression and Bipolar Disorder (Paperback)

By Jill S. Goldberg Arnold, Mary A. Fristad

Guilford Publications, United States, 2004. Paperback. Condition: New. New. Language: English . Brand New Book. Every day can be an ordeal for families struggling with the difficult, moody, impossible behavior that may point to childhood depression or bipolar disorder. Effective help for kids does exist, but it often requires a customized combination of medication, therapy, coping skills, and support. From esteemed clinician and researcher Dr. Mary Fristad and fellow treatment expert Dr. Jill Goldberg Arnold, this indispensable book explains how treatment works and what additional steps parents can take at home to help children with mood disorders--and the family as a whole--improve the quality of their lives. Explained are why symptoms look so different (and can be so much harder to manage) in children and teens than in adults, how to find the right doctor or therapist, and how to help kids develop their own coping toolkits. Bursting with practical tools, FAQs, and examples, the book covers everything from dealing with medical crises to resolving school problems, sibling conflicts, and marital stress.

Reviews

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-- **Prof. Devon Bernhard PhD**

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Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000, Homeschool Your Child for Free gave countless...



At-Home Tutor Language, Grade 2

Evan-Moor Educational Publishers. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 10.7in. x 8.2in. x 0.3in.Developed by teachers, this curriculum-based series provides practice of important math and reading skills-ideal for providing additional practice at home. The colorful and engaging activities motivate children...



The Savvy Cyber Kids at Home: The Defeat of the Cyber Bully

Createspace, United States, 2014. Paperback. Book Condition: New. Taylor Southerland (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The adventures of CyberThunder (Tony) and CyberPrincess (Emma) continue in The Savvy Cyber Kids at Home: The...