



So Sad Today: Personal Essays (Paperback)

By Melissa Broder

Grand Central Publishing, 2016. Paperback. Condition: New. Language: English . Brand New Book. These essays are sad and uncomfortable and their own kind of gorgeous. They reveal so much about what it is to live in this world, right now. --Roxane Gay, New York Times bestselling author of Bad Feminist From acclaimed poet and creator of the popular Twitter account comes a darkly funny and brutally honest collection of essays. Melissa Broder always struggled with anxiety. In the fall of 2012, she went through a harrowing cycle of panic attacks and dread that wouldn't abate for months. So she began , an anonymous Twitter feed that allowed her to express her darkest feelings, and which quickly gained a dedicated following. In SO SAD TODAY, Broder delves deeper into the existential themes she explores on Twitter, grappling with sex, death, love low self-esteem, addiction, and the drama of waiting for the universe to text you back. With insights as sharp as her humor, Broder explores--in prose that is both ballsy and beautiful, aggressively colloquial and achingly poetic--questions most of us are afraid to even acknowledge, let alone answer, in order to discover what it really means to be a person...



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