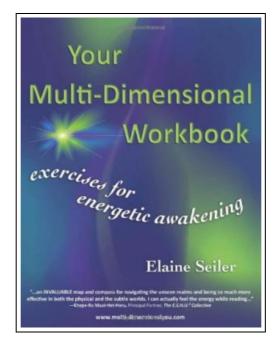
# Your Multi-Dimensional Workbook: Exercises for Energetic Awakening



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This is the very best publication i actually have read until now. It really is packed with knowledge and wisdom I am happy to let you know that this is the very best publication i actually have read in my very own existence and could be he greatest pdf for ever.

(Dr. Nelda Schuppe)

#### YOUR MULTI-DIMENSIONAL WORKBOOK: EXERCISES FOR ENERGETIC AWAKENING



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Dog Ear Publishing, LLC. Paperback. Condition: New. 144 pages. Dimensions: 10.8in. x 8.4in. x 0.5in.YOUR MULTI-DIMENSIONAL WORKBOOK Exercises for Energetic Awakening EFFECTIVE TOOLS to understand your transformation ILLUMINATING EXERCISES to assimilate your changes PRACTICAL METHODS to understand the unseen realms This Workbook will support and guide you step by step through the journey to MULTI-DIMENSIONALITY. Learn to: TRANSLATE the language of energy BE an energetic instrument of change USE tangible tools that work in the intangible realms COPE with the gifts and challenges of each stage AWAKEN your sensitivities INTERPRET dreams - a multi-dimensional perspective MANIFEST in the new more energetic world Gain: GUIDELINES for traveling the energetic pathways CLARITY about energy and how it relates to evolution UNDERSTANDING of the changes taking place HOPE as you walk into an undermined future TRUST in your own knowingness INNER PEACE as you face the inevitable shifts ahead Practice these exercises at your own speed. Revel in the excitement of mastering new skills. Unlock a hidden part of you. Open, evolve and awaken with ease and joy. Let SEILER be your GUIDE. . . The perfect companion to Seilers first book, Multi-Dimensional YOU, Exploring Energetic Evolution A pioneer in the field of Transformation Energetics, Elaine Seiler works with the energies of the unseen realms, the vibrations present beyond the five senses. Building on thirty years of experience in career consulting, life planning, holistic health and sustainable development, Seiler now focuses on her energetic work facilitating the transformation and evolution of the planet and all her beings. A global citizen, Seiler travels extensively, following her inner guidance as to when and where to be, and what to do in any situation. She divided her me between America and Australia. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN....



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