



## Think F. A. S. T.: A Game Plan for Finding God s Winning Spirit

By Greg Smith M DIV Lpc

Dog Ear Publishing, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.One of my NFL clients told me that the biggest transition from college to Pro- football was the speed of the game. All he heard for the first year from his coaches was play faster or think faster. He went on to tell me that the only way for him to slow the game down was to rely on his individual skills and focus on his own performance. This is also the key to living a fulfilled and powerful Christian life. For us to be players for God we need to know the gifts He has given us and how to use them to glorify Him. The answer, in life or sports, lies not in just thinking fast but rather having a plan, which is simple, effective and focused on success. We need a game plan for our Christian life. We need a plan that works in the short-term as well as it does in the long-term, a plan that is fl exible and is simple enough to repeat under pressure. Think F.A.S.T. provides a framework...

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