



# Getting Over Your Ex: 7 Steps to Heartbreak Recovery from Divorce and Break-Ups (Paperback)

By Bryant M Jones

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. WHY GET OVER YOUR EX? I know right now you may be feeling a lot of pain, hurt and disillusionment. I ve been there many times myself. And I m sure you have very valid reasons to feel the way you re feeling. I know I did. I m also sure that whether you left the relationship or the other person did, you are having some feelings of loss too. I think it s very normal for us to feel these emotions when we separate from someone we were close to, no matter what damage may have been done in and by the relationship. But now it is time to move on, that doesn t necessarily mean forgetting that person. It just means moving on to what s next, and it seems best to choose to do so in a powerful way. Getting Over Your Ex: 7 steps to heartbreak recovery from divorce and break-ups will gently walk you through the process. I invite you to choose yourself and get this book.



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