

A Comparative Study of Sen & Junior Judo Players Respect to Aggression

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Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Judo Sport | Today Judo is enjoyed by more than 400,000 men, women and children. There are many reasons for learning Judo. Judo provides exercise, relaxation, sport, an ingesting challenge, balance, coordination, self-protection and self-confidence. Judo offers a fellowship unlike other sports, and develops a keen desire to coordinate mind and body. One soon realizes that sheer weight, height, strength, and are not the governing factors of one's ability. The Calculated ' T' Values i.e. 6.08,5.38 and 9.18 indicates that senior, male and Rural Judo players have significantly high aggression than the junior Female and Urban Judo players. | Format: Paperback | Language/Sprache: english | 100 pp.





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