



## Matthew Biggs s Complete Book of Vegetables (Paperback)

By Matthew Biggs

Kyle Books, United Kingdom, 2010. Paperback. Condition: New. Language: English . Brand New Book. Matthew Biggs has been a professional gardener for over 20 years. In this comprehensive book, he shares his extensive knowledge of a wide variety of vegetables and inspires the gardener to take on the fulfilling activity of vegetable growing. His advice is practical as well as encouraging and is applicable to the backyard, garden, greenhouse and kitchen. With an A-Z of vegetables, sections on the history of vegetable growing, harvesting and storing, and over 200 recipes for vegetables in the kitchen, this is the practical guide that keen gardeners and beginners alike have been waiting for.



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