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HOW TO LOVE



Ebury Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 156 x 110 mm. Language: English . Brand New Book. How to Love is part of a charming series of books from Zen Master, Thich Nhat Hanh, exploring the essential foundations of mindful meditation and practise. How to Love shows that when we feel closer to our loved ones, we are also more connected to the world as a whole. Nhat Hanh brings his signature clarity, compassion and humour to the...

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- Authored by Thich Nhat Hanh
- Released at 2016



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