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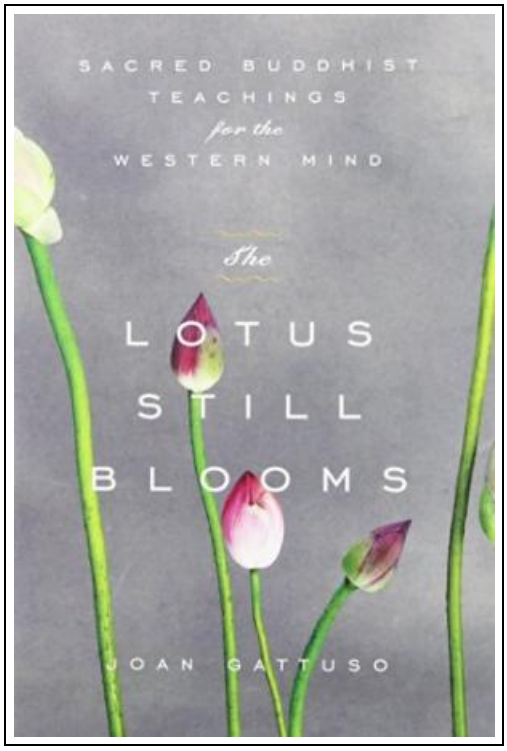


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***(Seth Fritsch)***

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Tarcher, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. The Lotus Still Blooms is the ideal book for every reader who would like to understand Buddhist principles, but doesn t know where to start. Eastern wisdom traditions are often baffling for Western minds where to begin in uncovering the often complicated steps, precepts, concepts and ideas? Aimed at people who are curious about Buddhism and want a basic book that will help them to understand and apply Buddhist principles in their life, The Lotus Still Blooms is a practical book that goes through all of the major Buddhist principles, step-by-step, and then shows how to apply them to our busy, hectic lives. Filled with Joan Gattuso s trademark delightful stories and warmth, as well as exercises to help readers begin using the principles right away, this is a book that will be a welcomed new introduction to this exciting spiritual tradition.

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